



Inquire about our Youth and Adult swim lessons, American Red cross courses, BLS Courses, our BCH sponsored Asthma Swim Program, and our DHS Swim Team Tryouts!

Join the **NEXT GENERATION** of Red Cross Training

**July/August of 2021 DotHouse Health Pool Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	C
7:00 AM						<b>All Swimmers Must Wear Appropriate Swim Wear and SHOWER Before Entering Pool</b>  <b>Our Saturday DHH Pool Learn to Swim Program has STARTED!!! Ask any DHH Lifeguard for details!!</b>  <b>Due to Covid 19 protocols, space is limited !! All Adult members must call and register before using the Pool.</b>  <i>We are not responsible for lost or stolen property!!!</i>  <u>Pool Schedule Subject To Change Without Notice</u>  If Thunder Or Lightning, Exit Pool & Wait 30 Minutes. Using the bathroom	L
7:30 AM					<b>Pool opens at 9:00 AM for DHH Pool members</b>		O
8:00 AM							S
8:30 AM	<b>Pool opens at 11:00 am for members</b>	<b>Pool opens at 11:00 am for members</b>	<b>Pool opens at 11:00 am for members</b>	<b>Pool opens at 11:00 am for members</b>	<b>Senior Lap, Member Swim 9:00AM-10:30 AM</b>		E
9:00 AM							D
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM					<b>Adult lap swim 11:00-12:30 PM</b>		U
11:30 AM	<b>Adult lap swim 11:00-12:30 PM</b>	<b>Adult lap swim 11:00-12:30 PM</b>	<b>Adult lap swim 11:00-12:30 PM</b>	<b>Adult lap swim 11:00-12:30 PM</b>			<b>Adult lap swim 11:00-12:30 PM</b>
12:30 PM							A
1:00 PM	<b>Member Only Swim 1:00-2:00 PM</b>	<b>Member Only Swim 1:00-2:00 PM</b>	<b>Member Only Swim 1:00-2:00 PM</b>	<b>Member Only Swim 1:00-2:00 PM</b>	<b>Member Only Swim 1:00-2:00 PM</b>	Y	
1:30 PM						S	
2:00 PM	<b>Adult Lap 2:00-3:00 pm</b>	<b>GNA Summer Program 2:00-3:00 pm</b>	<b>Adult Lap 2:00-3:00 pm</b>	<b>GNA Summer Program 2:00-3:00 pm</b>	<b>Adult Lap 2:00-3:00 pm</b>	D	
2:30 PM						O	
3:00 PM	<b>DotHouse Staff Lap Swim 3:00-4:00 PM</b>	<b>DotHouse Staff Lap Swim 3:00-4:00 PM</b>	<b>DotHouse Staff Lap Swim 3:00-4:00 PM</b>	<b>DotHouse Staff Lap Swim 3:00-4:00 PM</b>	<b>Asthma Swim Program Swim 2:30- 4:30 PM</b>	T	
3:30 PM						H	
4:00 PM	<b>DotHouse Swim Team 4:00-6:30 PM</b>	<b>DotHouse Swim Team 4:00-6:30 PM</b>	<b>DotHouse Swim Team 4:00-6:30 PM</b>	<b>DotHouse Swim Team 4:00-6:30 PM</b>	<b>Pool Closed at 4:30 PM</b>	O	
4:30 PM						U	
5:00 PM					<b>Due to our Covid Protocols we can only allow one adult per lane during adult lap/member swim</b>	S	
5:30 PM						E	
6:00 PM						H	
6:30 PM	<b>Closed</b>	<b>Closed</b>	<b>Closed</b>	<b>Closed</b>	<b>Closed</b>	E	
7:00 PM						T	
<b>DotHouse Health Pool is closed on Sundays!!!</b>							
<b>Ask us about our ARC of Mass Bay Basic Life Support &amp; Lifeguard courses!!!!</b>							H
<b>Pool closes @ 6:30PM Mon.-Thurs. and @ 4:30 pm on Fridays! All patrons must exit the building by 7:00 pm Mon.-Thurs./4:45 pm on Friday's</b>							O
							R
							G

**For more information please contact Dirk @ 617-740-2234**